auto/Varitea ITF TAEKWON-DO CUP INFO PACK

16th February 2025 Sutinska Vrela Sports Hall, Zagreb



organising committee

President: Adam Hercog, I. dan CTF delegate: Slavko Jereb, VII. dan Head referee: Sanja Rosandić, IV. dan

Host: Feniks Zagreb Taekwon-Do Club

Event's general sponsor: Automaritea d.o.o. (represented by mr. Marko Minarski)









venue



Sutinska Vrela Sports Hall

Podsusedski Trg 14B Zagreb, Croatia





registration



Club representatives will be able to register their competitors via website tkd-natjecanja http://www.tkd-natjecanja.com.hr/php/home.php no later than 14th February 2025, until 23:59.

Note: Competitors must have a medical certificate of fitness, not older than 6 months from the date of the competition. The responsibility for the athlete's health is borne by his club.

COMPETITION AGE:

5-8 Kids 9-11 Younger Caders 12-15* Older Cadets 15-17 Juniors 18-35 Seniors

COMPETITIVE AGE IS DETERMINED BY THE FOLLOWING FORMULA: Year of competition – Year of birth – 1 = Competition age of competitor

Example: Year of event (2025) – year of birth (2007) – 1 = 17 This competitor can only compete as a junior.

Year of event (2025) – year of birth (2006) – 1 = 18 This competitor can only compete as a senior.

Entry fee: 30 EUR (including Sparring and Patterns); Kick entry fee: 15 EUR Fee for category modification at weigh in: 20 EUR

With every 10 registered entry per club, the club is granted 1 (one) free entry 11 registrations = 1 free entry 22 registrations = 2 free entries

*in the 10+1 entry fee system, kick registration counts as 0.5

We accept cash before weigh in or e-bank transfer to: HR6723600001102989559
Taekwon-Do klub Feniks Zagreb
Vrpoljska 5, Zagreb

In case of payment via e-bank transfer, please bring the payment confirmation to weigh in.

Please let us know of the number of you club's coaches that will be attending (adam.hercog99@gmail.com)





The competition rules are in line with the CTF (HTS) rules for ITF discipline

The competition will be held in 3 disciplines:

ITF sparring (matsogi), Patterns (tul) and Kick

Double weight or double age entries are not possible

Organising committee holds the right to modify duration of matches and merge categories

disciplines & categories

ITF SPARRING (MATSOGI):

Kids (male and female): -18kg; -21kg; -24kg; -27kg; -30kg; -38kg; -38kg; -42kg; +42kg

Younger Cadets (male): -24,-27,-30,-33,-36,-39,-43,-47,-51,+51

Younger Cadets (female): -24,-27,-30,-33,-36,-39,-43,-47,-51,+51

Cadets (male): -33,-37,-41,-45,-49,-53,-57,-61,-65,+65 Cadets (female): -29,-33,-37,-41,-44,-47,-51,-55,-59,+59

Cadets (female): -29,-33,-37,-41,-44,-47,-51,-5 Juniors (male): -50,-56,-62,-68,-75,+75

Juniors (female): -45,-50,-55,-60,-65,+65

Seniors (male): -57,-63,-70,-78,-85,+85

Seniors (female): -50,-56,-62,-68,-75,+75

equipment

Standard ITF sparring equipement (as shown bellow, including shin protectors, mouth guard, groin guard)

+ visir for "kids" and YC age group

Taekwon-Do dobok (no specific brand or type mandatory)



*photos serve only as an example





disciplines & categories



PATTERNS (TUL):

Kids:

Yellow belt (8th/7th gup), Chon Ji to Dan Gun Green belt (6th/5th gup, Chon Ji to Won Hyo Blue belt (4th/3rd gup), Chon Ji to Joong Gun

Younger Cadets:

Yellow belt (8th/7th gup), Chon Ji to Dan Gun Green belt (6th/5th gup, Chon Ji to Won Hyo Blue belt (4th/3rd gup), Chon Ji to Joong Gun Red belt (2nd/1st). kup, Chon Ji to Hwa Rang

Older Cadets:

Yellow belt (8th/7th gup), Chon Ji to Dan Gun Green belt (6th/5th gup, Chon Ji to Won Hyo Blue belt (4th/3rd gup), Chon Ji to Joong Gun Red belt (2nd/1st). kup, Chon Ji to Hwa Rang Black belt 1st dan, Chon Ji to Ge Baek

Juniors:

Yellow belt (8th/7th gup), Chon Ji to Dan Gun Green belt (6th/5th gup, Chon Ji to Won Hyo Blue belt (4th/3rd gup), Chon Ji to Joong Gun Red belt (2nd/1st). kup, Chon Ji to Hwa Rang Black belt 1st dan, Chon JI to Ge Baek Black belts 2nd dan and above, Chon Ji to Ju Che

Seniors:

Yellow belt (8th/7th gup), Chon Ji to Dan Gun Green belt (6th/5th gup, Chon Ji to Won Hyo Blue belt (4th/3rd gup), Chon Ji to Joong Gun Red belt (2nd/1st). kup, Chon Ji to Hwa Rang Black belt 1st dan, Chon JI to Ge Baek Black belts 2nd dan, Chon Ji to Ju Che Black belts 3rd dan and above, Chon Ji to Choi Yong

In qualifications pattern is designated by the jury
In finals, first pattern is competitors choice, second is designated by the jury



disciplines & categories

KICK

15 EUR entry fee

Discipline will be conducted according to official CTF (HTS) rules for the "kick" discipline,

Each competitor scores points within 20 seconds. Number of kicks will be measured by electronic devices (as shown on photo). Competitors can use both legs for kicking.





coaches

Coaches can only be adults, registered for the competition.

During the competition, they must be dressed in sports clothes and shoes.





referees

Referees (who need it) will be provided overnight accommodation before the competition (in this case, please notify the us of such referees in your club as soon as possible).

Referees will be compensated for their work at the competition

Every club must provide at least 1 (one) referee



schedule



Saturday

20.00-22.00 registration confirmation and weighing (SD Sutinska Vrela, Podsusedski Trg 14B)

Sunday

8:00 a.m. – 9:00 – registration confirmation and weighing (Sutinska Vrela Sports Hall)

9:00 – 9:10 – meeting of judges and coaches

9.10 - 9.15 - lineup for the opening ceremony

9.15-9.45 - opening ceremony

9:45 start of the competition

We will publish the schedule of the competition by category after the registrations are confirmed.

We kindly ask all clubs coming to Zagreb on Saturday to do the weigh-in on that evening.

official VIP transport



information



Adam Hercog

+385 99 311 26 40 adam.hercog99@gmail.com

- Registration
- General information

Sanja Rosandić

+385 98 948 71 77 sanja.rosandic@gmail.com

- Referees
- Competition rules





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